# Ocean Swim Calendar 2019 - 2020



#### lovember to December

- **24**<sup>th</sup> Nov 2.5km Wedding Cake, Coogee swim
- 1<sup>st</sup> Dec 9km Canberra Lake swim
- □ 1<sup>st</sup> Dec 1km, 2km Cronulla swim
- 8<sup>th</sup> Dec Bondi to Bronte swim
- □ 14<sup>th</sup> Dec 2.5km, 5km, 10km Vladswim Challenge

#### January to April

- 26<sup>th</sup> Jan 5km Sydney Harbour Splash
- 2<sup>nd</sup> Jan 2km, 5km Cole Classic
- 22<sup>nd</sup> Feb 19.5km Rottnest Channel
- □ 14<sup>th</sup> Mar 20km, 25km Port to Pub
- 28<sup>th</sup> Mar 26km Palm to Shelly beach
- 4th Apr 5km Coogee to Bondi
- **5**<sup>th</sup> Apr 5km Balmoral
- **23th 26<sup>th</sup> Apr Cold Water Camp**

# May - August

- 17<sup>th</sup> May 10km South Head
  30<sup>th</sup> May 21.5km Gold Coast Marathon
  8<sup>th</sup> Aug 21km Keppel Island swim
- □ June October English Channel
- June October Catalina Channel
- June October Manhattan Island
- □ June October Ice mile swim

# Your Swim Goal 2019 - 2020

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### **Aussie Swim Cup**

- Rottnest Channel swim 19.5km
- Port to Pub swim 20km , 25km
- Palm to Shelly Swim 26km
- Gold Coast Marathon swim 21km
- Keppel Island Swim 21km